



IMPORTANT MESSAGE

Critical Information about Transparency in Coverage

Under the Transparency in Coverage Rule, issued in 2020 by the U.S. Department of Health & Human Services, U.S. Department of Labor and U.S. Department of the Treasury and enforced beginning 7/1/22, health plans (which includes clients who sponsor employee benefit plans) and health insurance issuers must publish two separate Machine Readable Files (MRFs).

- <https://www.cigna.com/legal/compliance/machine-readable-files>

- *This link leads to the machine-readable files that are made available in response to the federal Transparency in Coverage Rule and includes negotiated service rates and out-of-network allowed amounts between health plans and healthcare providers. The machine readable files are formatted to allow researchers, regulators, and application developers to more easily access and analyze data.*

Cigna will update the files each month and this link will remain constant and always access the most up-to-date files.
